

RETURN TO PRACTISE AFTER 4th JULY

Except for one or two restricted areas most of us will be able to resume practise after lockdown is relaxed and social distancing is reduced to 1 metre plus (one meter apart with mitigation... masks, directionality, PPE, etc).

This is still not 'business as usual' – we must continue to be aware of the coronavirus which still threatens to take the lives of people vulnerable through advanced age, underlying health conditions and ethnicity. We must remain vigilant against spreading contagion, or becoming infected ourselves.

Previously published guidelines still apply: Handwashing (with soap), wearing of protective clothing (gloves, mask, apron and eye protection). Shorten the treatment time. Do not pedicure or massage.