

**THE COLLEGE OF FOOT HEALTH PRACTITIONERS  
 PARKSIDE HOUSE, OLDBURY ROAD  
 BLACKHEATH, WEST MIDLANDS B65 0LG**



**2021 DATES FOR 2-DAY PREPARATION WORKSHOP**

**10<sup>th</sup> & 11<sup>th</sup> March**

**2<sup>nd</sup> & 3<sup>rd</sup> June**

**8<sup>th</sup> & 9<sup>th</sup> September**

**3<sup>rd</sup> & 4<sup>th</sup> November**

**£150.00 including vat**

**BOOKING FORM**

Please indicate dates required and return to the College with cheque payment one-month prior to training or give card details below. A receipt will be sent.

I wish to attend the 2-day workshop on: .....

|                             |               |
|-----------------------------|---------------|
| Full Name (including Title) |               |
| Address                     |               |
| Post Code                   | Date of Birth |
| Telephone Number            | Email         |

**CHARGES**

**£10.00 Administration charge applies to all amendments and cancellations.**

**50% refunded plus administration charge, if cancelled within 4 weeks of starting the workshop.**

**No Refund will be given if cancelled within 2 weeks of starting the workshop.**



Payment Method



Debit Card  Credit Card  Cheque  Cash  (tick as appropriate)

Please make cheques payable and posted to: **College of Foot Health Practitioners**

Debit/Card Number:

Expiry Date:     Security No.    Last 3 digits on back of card

Doc.No. 2day 02  
 Version 9  
 Date Nov '20

**By signing this form you are agreeing to the Terms and Conditions**

Signature .....

Date.....

TEL: 0121 559 0180

EMAIL: admin@collegefhp.com

WEB: www.collegefhp.com

The College of Foot Health Practitioners Ltd: Registered Office, Parkside House (above Lidl), Oldbury Road, Blackheath, West Midlands B65 0LG  
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## PROGRAMME – FHP TWO-DAY WORKSHOP

*The programme is designed to be interactive and there will be space to discuss individual questions. The workshop is designed to help you to be confident with your theory and consolidate your studies prior to the 10 day practical session. This ensures that you will derive maximum benefit from your practical training.*

| Day One       | SUBJECT MATTER   | TUTOR | PRESENTATION          |
|---------------|--|-------|-----------------------|
| 10.00 – 11.15 | Anatomical relationships, surfaces, aspects and landmarks, skeleton, bones of the leg and foot, arches, movement, planes, pronation and supination |       | Classroom             |
| 11.30 – 12.30 | Skin structure, reflex mechanisms, hyperkeratosis  |       | Classroom             |
| 12.30 – 1.30  | Lunch  |       |                       |
| 1.30 – 2.45   | Nails, nail anatomy, nail plate function, range of onychodystrophies, specific nail conditions   |       | Classroom             |
| 3.00 – 4.30   | Clinical introduction and patient set-up demonstrations  |       | Classroom and clinics |

| Day Two       | SUBJECT MATTER  | TUTOR | PRESENTATION        |
|---------------|---|-------|---------------------|
| 10.00 – 11.15 | Homeostasis, circulation of the blood, lymphatic drainage, musculature, innervations                                  |       | Classroom           |
| 11.30 – 12.30 | Pathogens, cross-infection, hand-hygiene, instruments, sterilisation, resistance to disease.                          |       | Classroom           |
| 12.30 – 1.30  | Lunch   |       |                     |
| 1.30 – 2.45   | On practice, records, history- taking referral. Diabetes and its implications, Pes planovalgus, Hallux abducto valgus |       | Tutorial discretion |
| 3.00 – 4.30   | Assessment or examination<br>– what to expect<br>Problem sorting session and conclusion                               |       | Classroom           |