



The College of Foot Health Practitioners

PROSPECTUS 2025/2026

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**THE COLLEGE
OF FOOT HEALTH
PRACTITIONERS LTD**
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TRAINING COURSES IN:
FOOT HEALTH PRACTICE
LOWER LIMB BIOMECHANICS
REMEDIAL MASSAGE

MR JOHN FALKNER-HEYLINGS
BSc (Podiatric Medicine) DipPodM FPPSPract
Principal, Lecturer in Podiatric Medicine,
Director of Clinical Studies

Train as a Foot Health Practitioner

- Accredited Level 4 Diploma
- Hands-on clinical training
- Flexible study

[Book a Viewing Day](#) 

[Enrol Now](#) 



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Welcome & Mission

At The College of Foot Health Practitioners our mission is simple: to help adults from all backgrounds qualify with the competence, confidence, and care needed to serve patients well. We specialise in training Foot Health Practitioners for independent private practice, combining mentored study with hands-on clinical experience on real patients in our multi-chair teaching clinics.

We know many of our learners are changing careers, returning to study, or fitting training around family and work. That's why our approach is supportive, structured, and practical. You'll learn the underlying science and safe techniques, including our formal Safe Scalpel Technique, and you'll graduate understanding not only what to do, but why and when to refer.

Our Level 4 Diploma in Foot Health Practice is designed to take you from first principles to safe, effective practice. Along the way you'll be taught by experienced clinicians, gain real clinical mileage, and join a professional community that continues to support you long after you qualify. We believe foot health changes lives. It keeps people mobile, independent, and pain-free. If you value purposeful work, clear standards, and friendly mentoring, you'll feel at home here.

Non ducor, duco—"I am not led, I lead."

Welcome to a college that helps you do exactly that.

We look forward to meeting you in person at a Viewing Day and helping you plan your route into practice.

The Principal and Tutor Team



John Falkner-Heylings BSc (Podiatric Medicine), DipPodM, FPSPract, Podiatrist, Principal, Director of Clinical Studies



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Why Foot Health?

Every step we take depends on healthy feet. When comfort and mobility decline, confidence, independence and quality of life decline too. Demand for modern, person-centred foot care is rising across the UK. An ageing population, more people living with diabetes, and higher rates of long-term conditions all increase the need for skilled Foot Health Practitioners (FHPs) who can assess, treat and advise safely, and who know when to refer.

FHPs deliver essential, preventative foot care in the independent sector. Day to day you will reduce pain, relieve pressure points and help people stay active. Your patients may be older adults, busy workers or people with long-term conditions. You will work to clear standards, keep excellent records and collaborate with GPs and podiatrists whenever an issue sits outside your scope.

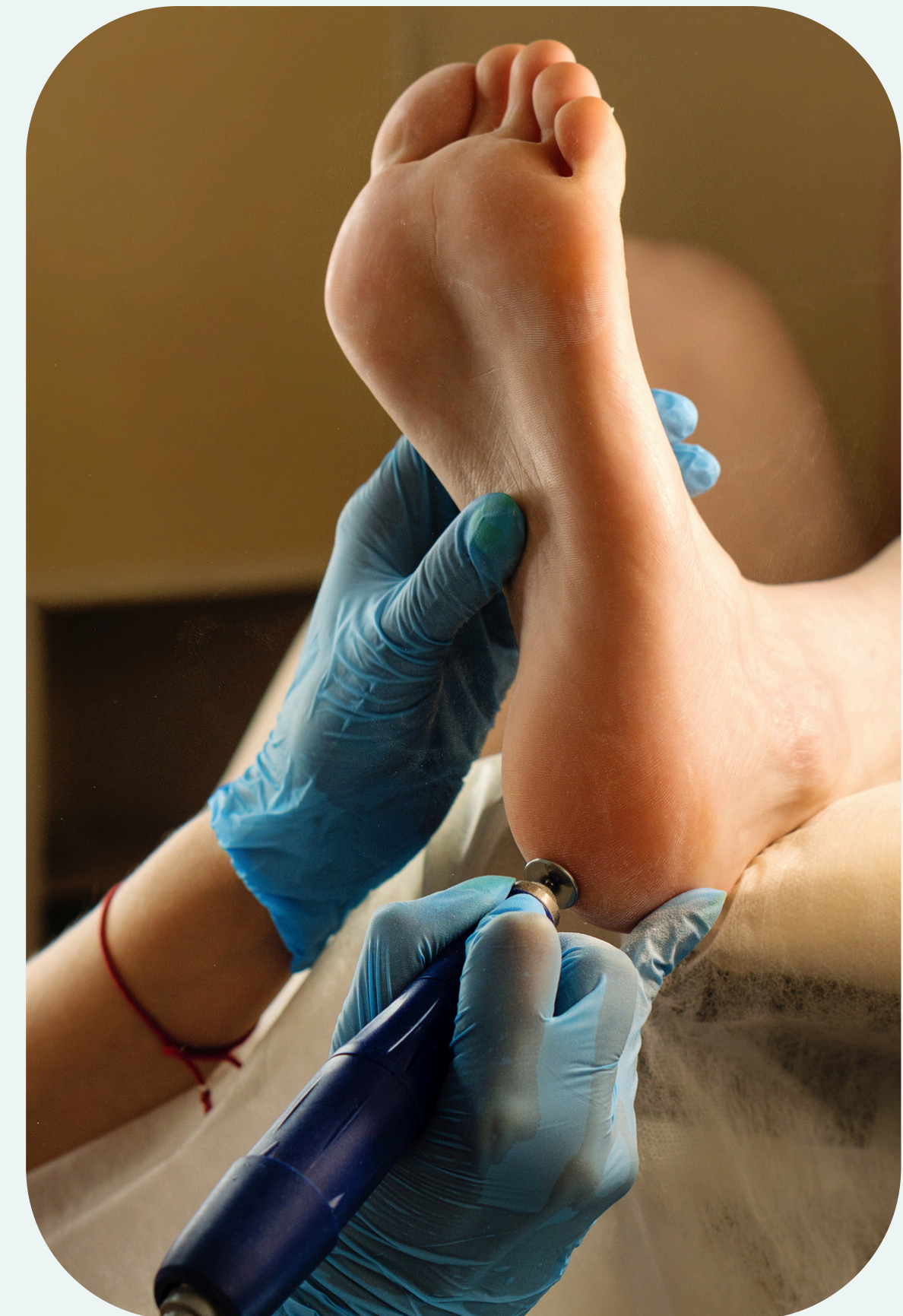
It is also a flexible, future-proof career. Many graduates build local, reputation-led practices, choosing hours that suit family and lifestyle. Some are mobile and visit patients at home or in care settings. Others work from treatment rooms in pharmacies, GP surgeries, salons or shared health spaces. As your confidence grows, CPD and specialist diplomas open routes into biomechanics, diabetes care, verruca management, nail reconstruction and more.

If you value purposeful work, practical skills and real human connection, foot health offers all three.

Train well, practise safely, keep learning, and you will change lives with every clinic.

Who benefits

- Older adults who want to stay mobile and independent
- People living with diabetes or circulatory problems
- Workers on their feet, sports participants and new parents
- Anyone with painful nails, corns, callus, verrucae or skin conditions





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Why Choose The College of Foot Health Practitioners?

Expert teaching. Real clinical experience. Clear route to practice.

Choosing the right training provider matters. At The College of Foot Health Practitioners you learn from experienced clinicians, practise on real patients in our multi-chair clinics, and graduate ready to work safely and confidently. Our Level 4 Diploma blends mentored distance learning with structured, hands-on clinic time so adult learners can progress at a steady pace. You will gain the skills to assess, treat and advise within scope, and to refer when required. With supportive tutors, practical facilities and ongoing CPD, The College of Foot Health Practitioners gives you a clear route from first lesson to first patient.

1. **Podiatrist-led teaching**

All core teaching is delivered by experienced clinicians with a strong focus on safe, modern practice.

2. **Real patients, real confidence**

Train in multi-chair clinics on supervised patient lists so you build competence and speed.

3. **Formal scalpel and drill training**

Learn a formal Safe Scalpel Technique with professional drill skills taught in the clinic.

4. **Mentored study for adult learners**

Clear study materials, tutor access and friendly support that fit around work and family.

5. **Accredited Level 4 qualification**

Earn the Level 4 Diploma in Foot Health Practice.

6. **Pathway to professional standing**

Guidance on registration and professional membership so you can present your credentials with confidence.

7. **Flexible, value-led route**

Start dates throughout the year, interest-free installments, and straightforward costs.

8. **Progression and CPD**

Advance with specialist [diplomas](#) and [masterclasses](#) in biomechanics, diabetes, and verruca care.





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Your Qualification: Level 4 Diploma in Foot Health Practice

Graduate with real clinical skills

Outcome at a glance

Qualification: Level 4 Diploma in Foot Health Practice

Format: Mentored distance learning plus 10 clinic days

Location: Blackheath, West Midlands

Starts: Multiple intakes each year

Who this course is for

Adults beginning a healthcare career, returners to study, and career changers who want a supported route into independent foot health practice.

Entry requirements

Ability to read, write, and speak English. Normal hand and eye coordination. Professional attitude to patient care.

What you will learn

Knowledge

- Anatomy and physiology of the foot and lower limb
- Common skin and nail conditions
- Infection prevention and decontamination
- Red flags, risk and when to refer
- Professional standards and record keeping

Clinical skills

- Patient consultation and documentation
- Nail cutting and reduction, safe drill use
- Corn and callus reduction and pressure relief
- Ingrowing nail care within scope
- Verruca options within scope
- Padding, dressings and basic off loading
- Home care and footwear guidance

Support and resources

- Clear study materials for adult learners
- Friendly tutor access for questions and feedback
- Multi chair clinics with supervised patient lists
- Optional 2 Day Preparation Workshop before clinics
- Community, CPD and events after you qualify



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Your Qualification: Level 4 Diploma in Foot Health Practice

Graduate with real clinical skills

Time to complete

Around 6 to 12 months, paced to suit work and family.

Fees and finance

Clear pricing with instalment options. Equipment packs available to help you start practice promptly. See the website for current fees and plans.

Professional pathway

Guidance on professional membership and registration. Progress with specialist diplomas and masterclasses in areas such as biomechanics, diabetes and verruca care.

Apply for the Level 4 Diploma

<https://www.collegefhp.com/courses/the-level-4-diploma-in-foot-health-practice/>

Book a Viewing Day

<https://www.collegefhp.com/viewing-days/>

Talk to Admissions

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How You Will Learn

Mentored study, clinic experience and clear support at every step

At The College of Foot Health Practitioners you combine structured study with supervised clinical practice. The result is confident, safe care from day one.

Distance learning that fits your life

- Structured modules with clear outcomes and short knowledge checks.
- Tutor access for questions, feedback and reassurance.
- Readable study packs designed for adult learners.
- Linking lectures that connect theory to what you will do in clinic.
- Flexible pacing so study works around work and family.

Clinic-based training for real confidence

- 10 supervised clinic days in multi-chair teaching clinics.
- Safe instrument handling, including a formal Safe Scalpel Technique and professional drill skills.
- Consultation and record keeping that meet professional standards.
- Infection prevention and PPE are to current guidance.
- In-the-moment feedback so skills improve quickly and safely.



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Additional Pathways

Build depth, specialise, and keep learning

Why this section matters

Your Level 4 Diploma gets you clinic-ready. Additional pathways help you deepen skill, specialise, and grow a sustainable practice with services patients value.











Pathways at a glance

After the Level 4 Diploma:

- Specialist Diplomas: structured study that adds advanced clinical scope.
- Masterclasses: focused skills you can apply the next day in clinic.
- Workshops and essentials: preparation and first aid to support safe practice.
- Events and community: learn, network, and collect CPD with peers.

Who these are for

- New graduates who want a confident first year in practice.
- Practitioners are adding services to increase patient value.
- Career changers are building a niche in their local area.

 <p>The College Of Foot Health Practitioners Ingrowing Toenail Masterclass £85.00</p>	 <p>The College Of Foot Health Practitioners Verruca Masterclass £85.00</p>	 <p>The College Of Foot Health Practitioners Diabetes assessment, Doppler, Pulses,... £130.00</p>	 <p>The College Of Foot Health Practitioners Lower Limb Disorders, Injuries, and... £150.00</p>
 <p>The College Of Foot Health Practitioners Dermatology Masterclass £110.00</p>	 <p>The College Of Foot Health Practitioners Paddings and Dressings Masterclass £120.00</p>	 <p>The College Of Foot Health Practitioners Verruca and Ingrowing Toenail... £160.00</p>	 <p>The College Of Foot Health Practitioners Muscles and Bones of the leg and foot... £120.00</p>
 <p>The College Of Foot Health Practitioners Nail Reconstruction Masterclass £350.00</p>	 <p>The College Of Foot Health Practitioners Nail dystrophies Masterclass £110.00</p>		



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Student Experience and Support

Adult-learner friendly, practical and well supported from day one

What to expect

At The College of Foot Health Practitioners you will be taught by experienced clinicians who understand adult learning. You will study with clear materials, practise on real patients in multi-chair clinics, and receive helpful feedback at every step. You will know what good looks like, how to reach it, and who to ask when you need support.

Your support network

- Personal tutor access for questions, reassurance and feedback.
- Clinic supervisors who coach technique and professional standards.
- Friendly administrators to help with timetables, enrolment and documents.
- Peer community for study tips, kit recommendations and morale.
- Aftercare once qualified, with CPD guidance and events.

Learning resources

- Readable study packs written for adult learners.
- Short explainers and demonstrations to reinforce key techniques.
- Templates and checklists for consultation, records and referral.
- Clinic orientation guides so the first day feels familiar.
- Optional 2 Day Preparation Workshop to build confidence before clinics.

Wellbeing and accessibility

- Flexible pacing so you can study around work and family.
- Reasonable adjustments are available where needed. Talk to us early, and we will plan with you.
- Supportive, respectful culture that values every learner.

Safety and professionalism in clinic

- Infection prevention, decontamination, and correct PPE.
- Accurate, legible records and informed consent.
- Knowing your scope and when to refer.
- You are covered by the College's insurance while training on site.



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Facilities

Professional clinical environment. Purpose-built for learning.

What you will find on site

- Multi-chair teaching clinics with supervised patient lists for real experience.
- Instrument stations at every chair with drills, lights and suction.
- Safe Scalpel Technique area for formal instrument handling.
- Decontamination room with clear dirty-to-clean workflow and sterilisation.
- Lecture room with projector and demo bench for close-up technique.
- Simulation and practice area for instrument handling before patient work.
- Student resources corner with study packs, checklists and templates.
- Reception and waiting area that mirrors private practice standards.
- PPE and consumables store organised for easy access and restocking.
- Breakout space for lunch, reflection and debriefs.

Designed for safety and professionalism

- Clear zoning and sharps and clinical waste protocols.
- Infection prevention and decontamination are taught and practiced.
- Record-keeping and consent are embedded into every clinic session.
- Tutors model courteous, patient-centered consultation throughout.

Getting here and access

- Blackheath, West Midlands, near M5 Junction 2 and Rowley Regis rail.
- Lift access to the college suite and clear corridor widths.
- Local parking and nearby amenities for clinic weeks.

Equipment you will use

- Professional podiatry drills and burrs.
- Sterile instrument sets and scalpel blades.
- Padding and dressing materials for pressure relief.
- Doppler, monofilaments, and basic screening tools.
- Demonstration kits for dermatology and nail care.

[See Inside the clinic](#)





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How to Enrol

A clear route into training with friendly support at every step

Who we welcome

The College of Foot Health Practitioners welcomes adult learners starting a first career in healthcare, career changers and returners to study. You do not need a medical background.

Entry requirements

- Ability to read, write and speak English
- Normal hand and eye co-ordination
- Professional attitude to patient care and learning
- Commitment to complete theory and 10 clinic days

What we look for

Curiosity, reliability, respect for patients, and a willingness to follow safe procedures. If you are unsure about readiness, speak to Admissions. We can advise on study skills and the 2-Day Preparation Workshop.

[Book a Viewing Day](#)



[Enrol Now](#)



How to apply (simple five-step route)

Enquire or visit

Book a Viewing Day or call Admissions to discuss your goals.

Apply online

Complete the application form.

Offer and deposit

Confirm your place with a deposit.

Induction and materials

Receive learning materials and access to tutor support.

Begin study and book clinics

Start theory, then book your 10 clinic days.

Key dates

- Intakes: multiple start points throughout the year
- Viewing Days: monthly
- Clinic blocks: scheduled through the year, bookable once theory is underway



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FAQs

Quick answers to the questions we are asked most often

1) What courses do you offer?

The College of Foot Health Practitioners offers the Level 4 Diploma in Foot Health Practice, plus specialist diplomas and masterclasses such as Advanced Foot Health Practice, Verruca Management and Cryotherapy, Biomechanics and Orthotics, Diabetes, Dermatology, Nail Dystrophies, Ingrowing Toenail, Nail Reconstruction, Paddings and Dressings, Lower Limb Disorders, and Emergency First Aid.

2) Are you accredited?

Yes. Our qualification pathway is accredited at Level 4 through NCFE. Training aligns with recognised Foot Health Standards and prepares you for safe independent practice.

3) What are the entry requirements?

Adult learners with basic reading and writing skills and normal hand-eye co-ordination are welcome. There is no upper age limit. We look for reliability, respect for patients and a willingness to follow safe procedures.

4) Do I need healthcare experience?

No. We teach from first principles. Many learners are career changers or returning to study.

5) How long does the Diploma take?

Most learners complete it in 6 to 12 months. Study combines self-paced theory and 10 clinic days of supervised practical training.

6) Can I study online?

Theory is delivered through structured workbook modules you study at home. Practical training takes place in our clinical teaching suites in Blackheath, West Midlands.

7) What can I do after qualifying?

Many graduates work independently in private practice. Others combine domiciliary rounds with room rental in pharmacies, GP surgeries or shared health spaces.

8) Do you offer support after the course?

Yes. You can continue with CPD, masterclasses and specialist diplomas. We also provide events and a supportive community.

9) What equipment do I need to start practice?

You will need core clinical tools such as a podiatry drill, sterile instrument sets, PPE and dressings. A steriliser is recommended. We provide guidance on set-up and optional starter kits.

10) What is the 2-Day Preparation Workshop?

An on-site workshop that consolidates theory, covers anatomy and infection control, and orients you to clinic so you arrive confident for your practical block.



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About The College of Foot Health Practitioners

Specialist training in foot health with real patients and supportive teaching

Who we are

The College of Foot Health Practitioners is a dedicated training center for adults who want a confident route into independent practice. Teaching is delivered by experienced clinicians. Learning blends clear study materials with supervised clinical experience so you graduate safe, capable, and ready to help patients.

What we do

- Train Foot Health Practitioners through an accredited Level 4 Diploma
- Build real confidence with supervised treatment of patients in multi-chair clinics
- Teach safe techniques, including a formal Safe Scalpel Technique and professional drill skills
- Promote professionalism through record keeping, consent, infection prevention and referral
- Support careers with specialist diplomas, masterclasses, events and a friendly community

Our values

- Patient first with dignity, safety and outcomes at the heart of training
- Evidence led to clear scope of practice and when to refer
- Hands-on so you can see, try and master skills
- Inclusive for adult learners from varied backgrounds
- Supportive with tutor access and aftercare once you qualify

Where you will learn

Our clinical teaching suites are in Blackheath, West Midlands. Facilities include multi-chair clinics, a decontamination room with a clear dirty-to-clean flow, a lecture room with a demonstration bench, and a simulation area for technique practice.





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What People Think About Us

Real voices from students and graduates

Why this matters

Training is a big decision. Hearing from people who have studied with The College of Foot Health Practitioners helps you judge the fit, the support and the real outcomes.

ML

Thank you for giving me a career that has supported me through many challenges, whilst doing what I love, 21 years ago

KS

14 years I still in the job no one can make me redundant. Being your own boss has its perks. Love my Foot health practitioner job and will recommend to everyone who's want to change the career. Good support from the collage and organisations.

MN

Great people and great college. Took me over 30 years to find a career I thoroughly enjoyed. I don't feel like I'm going to work anymore. That's the type of job you want. Yesterday I spent a few hours in a residential home for people with special needs, they don't call me Mike, they call me friend. It's the little things in life that matter and put a smile of your face and I have The College of Foot Health Practitioners to thank for making it possible.

BB

21 years qualified on the 23rd of this month. The best decision I ever made was to train as a Foot Health Practitioner with you. Thank you

ZB

Training here was the best decision I've ever made! I love running my own business and it fits perfectly for a good work/ life balance. 5 and a half years in and like others say it's not work when you enjoy it so much

SM

Highly recommend this college, its now been 13 years running my own successful business. John Falkner-Heylings is so knowledgeable and responsive when asking for help, especially after you've qualified, as you start your career journey.





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Contact and Find Us

We are here to help you get started

Contact

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Ready to take the next step

Train as a Foot Health Practitioner with real clinical experience

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All Courses